

ties of the Royal Infirmary, and has settled, with their approval, to endow one of the isolation wards in the new building, now being erected, on the condition that it shall be called the "Howard Vincent Ward."

Dr. William Robertson, Medical Officer of Health for Leith, describing to a gathering of the Society of Medical Officers of Health the methods employed there by the municipality for the control of tuberculosis, placed the educational factor very high in the list of measures for combating phthisis. In Leith, he said, the Lady Health Visitors had zealously taught the doctrine of the open window, and since the citizens had been called upon to practice what they were being taught the change had been gratifying and noticeable, while now that compulsory notification had been adopted their keenness had been redoubled.

We warmly support the action of the Right Hon. R. C. Munro Ferguson, M.P., in insisting, in the face of some opposition, at a meeting of the Fife Medical School Children Inspection Committee, held at Cupar, that a medical woman should be employed by the local authority. One of the reasons of those who supported such an appointment was that it would be better if the senior girls were inspected by a woman instead of a man. Dr. T. F. Dewar, formerly County Medical Officer, had in his report taken exception to that point of view, regarding it as a suggestion of impropriety and an innuendo against the medical profession. Mr. Munro Ferguson took strong exception to this attitude, and moved that the paragraph in question should be deleted from the report, which was done.

There can be no question that the inspection of school children is a duty for which medical women are particularly suited. It has been the accepted policy of the Fife local authority that a lady doctor should be on the staff, and it is to be congratulated, on the instance of Mr. Munro Ferguson, on maintaining that policy.

THE FRAME FOOD PREPARATIONS.

The Frame Food Company, Ltd., Standen Road, Southfields, London, have issued a useful booklet, "The Frame Food Preparations and Their Importance to the Human Race," giving a lucid description of these preparations and their application, as well as directions and recipes for their use. For instance, in making bread the booklet advocates that Frame Food essence should be kneaded with ordinary wheaten flour to a dough. The result is a nutritious bread with the lightness of texture, digestibility, and palatability of ordinary white bread. The many other recipes given would be very useful both in an ordinary household and as affording an opportunity for varying the diet of the sick with nourishing and palatable dishes. The importance of these preparations in the diet of races living and working, in order to live, under the terrible strain on body and mind, caused by modern conditions of life, is evident. We commend the booklet to the attention of our readers.

Professional Review.

THE WIFE AND MOTHER: A MEDICAL GUIDE.

"The Wife and Mother," by Dr. Albert Westland, M.A., is designed as a medical guide to the care of her health and the management of her children, and the fact that six editions have been required indicates that it has met a widespread need. In his preface to the first edition the author states that the work is addressed to women who are desirous of fulfilling properly their duties as wives and mothers, and is designed to assist them in exercising an intelligent supervision over their own and their children's health, his object being to convey as much information as an intelligent woman might be expected to appreciate and utilise, and he has succeeded in compressing a great amount of useful information into a compact volume. The principal divisions of the book are: (1) Early Married Life, (2) Early Motherhood, (3) The Child, (4) Later Married Life, and an appendix containing the laws relating to registration of births, to vaccination, and to notification of infectious diseases in the United Kingdom.

In introducing the subject the author points out that "every young woman who enters into what are conventionally called the 'bonds of matrimony' voluntarily accepts certain responsibilities and undertakes certain duties, not only important in themselves, but noteworthy also in this, that their neglect and repudiation may be followed by far-reaching consequences for others. Convention has decreed that those duties and responsibilities should be discovered mainly by wives after marriage, and it is seldom indeed that mothers are judicious or enlightened enough to place before their marriageable daughters even a partial view of the difficulties and troubles which almost every married woman will have to face at some period of her married life. It is certainly desirable that women on entering married life should be aware that calls will be made upon their courage, their temper, and their forbearance, and should take what is undoubtedly the most decisive step of their lives with some knowledge of its importance and gravity."

Referring to the influence which maternal impressions may have upon children, and the desirability of the conscious regulation of their own conduct by expectant mothers during pregnancy, the author relates that when the mother of Charles Kingsley "became aware that she was about to bear a child she firmly resolved that during her pregnancy she would allow no external troubles to influence her mind, and that, living in a beautiful country, she would give up as much time as possible to the contemplation of natural beauty and to admiration of the work of the Almighty; and it is easy to believe that the thorough sympathy with nature and the earnest humanity which characterised the author of "The Water Babies" and "Yeast" were due in a great measure to the mental attitude of his mother during the months which preceded his birth."

Many nurses and midwives use the term "confine-

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